ADAPTAA

Audacious Leaders Retreat 2021

Turning an extraordinary goal into an ordinary journey

20th - 23rd May 2021 Transylvania, Bran, Transylvanian Inn



Your Invitation

Do you lead Self? Do you lead Others? Do you lead Change?

Leadership is the capacity to translate Vision into Action.

Sign up to learn how to lead through unconventional thinking and turn an impossible goal into a possible plan. And learn how to stand tall against Adversity from the fearless bears at the Liberty Bear Sanctuary, in Transylvania.

Join us to get clarity on your next steps and translate your vision into action, by sharing with a community of diverse and extra-ordinary people. When you play a really big game, if feels good to know that you are not alone.

Who

- Accomplished leaders at the "top of their game"
- Looking for opportunities to expand your leadership style and perspective
- Ready to challenge your thinking and bring courage and compassion in your life

What

- Unlock your inner power, moving from surviving to thriving
- Learn from a community of successful leaders who share similar challenges
- Reflect on your values and clarify your purpose and next steps

How

- Self-discovery and self-reflection on your inner and outer EQ strengths
- · Learn to lead with your head, heart and gut
- Create certainty in an uncertain world through small acts of courage, creativity and compassion

Booking and Fees

- Max. number of participants: 14
- A-list members: £2,250+VAT
- Non members: £3,250+VAT

To register your interest RSVP to Mary Alder-Bentley at **office@adaptaa.co.uk** or on our retreat website: **https://www.extramileretreats.com/**

Coaching and Facilitation

The Leadership Retreat will be facilitated by Alina, Carmen and Tatiana



Alina Addison

Alina is an EQ accredited Executive coach with extensive business skills and leadership experience. She worked for 15 years as an investment banker with Rothschild, latterly as a Managing Director and Head of Trading. She is a qualified chartered accountant, having previously worked with PwC.

Alina facilitated the previous Courageous Women Retreats in Italy and the UK.

In her spare time, Alina is a board advisor and fund raiser for her 3 chosen charities: Humanitas, Autistica and Hospices for Hope.



Carmen Balacianu

Carmen is an accredited Executive coach, with 15+ years of international experience in leadership positions in Pharma, Banking, and High Tech. Latterly, she worked for Roche, as global Senior VP of Marketing, reporting to the CEO of Diagnostics.

Carmen holds a BA degree in Global Business and Finance from the University of Portland, in the US, and an MBA from IESE Business School of Barcelona, Spain.

Carmen is working with leaders who seek to reach their potential, while maintaining a sense of balance at home and at work.



Tatiana Poliakova

Tatiana is an accredited Executive coach, with extensive international leadership experience. She worked for 15+ years as an Investment Banker and Management Consultant with BNP, JPMorgan, Booz Allen & Hamilton, Dresdner in NYC, London and Frankfurt. She left the City, whilst a Managing Director at Nomura.

Tatiana's approach is anchored in Compassionate Leadership practice and leading from inside out.

Tatiana is a Trustee on the SmileTrain UK board, a charity putting smiles on children's faces with cleft palate around the world.

What is included:

- Transfer from the airport to the hotel by coach the self-discovery journey starts when you get on the coach!
- Plane tickets with British Airways, from London Heathrow to Bucharest on 20th and 23^{td} May 2021, for the first 5 places
- En-suite double room at Transylvanian Inn Hotel, with views to the Dracula Castle
- Full board, fresh traditional food cooked by the hotel chef
- Individual, group coaching and facilitation throughout the retreat, including 2 group coaching calls, pre and post retreat, to ensure momentum and transformation
- Coaching with the Bears visiting Liberty Bear Sanctuary, Transylvania
- Wine tasting event, tasting some exquisite local wines over dinner, on Friday
- Bonfire night with malt wine and local traditional music on Saturday