

A-list Community

A Leadership Programme with a Difference

Co-creating a community of A-mazing Leaders who will be shaping the leadership of tomorrow through their A-ctions today



A-list Community

Audacious Adaptable Authentic Leaders



A Leadership Programme with a Difference

Do you lead Self? Do you lead Others? Do you lead Change?

Who do you admire and emulate as a leader?

Join us to lead your own story and co-create the 222 leadership of the future.

Become the Master and the Apprentice of Authentic leadership and create a compound ROI (Ripple of Impact), by sharing with a community of diverse and extra-ordinary people. When you play a really big game, it feels good to know that you are not alone.

Who

- Accomplished leaders hand-picked by us, looking to express your "voice" and define your purpose
- Looking for opportunities to expand your leadership vision
- Ready to listen, learn and lead with open minds, big hearts and infinite mindsets

What

- Give, take, inspire and be inspired by a community of successful leaders who share similar challenges
- Gain insights from a mosaic of ideas in our 9 x A-list modules: Acknowledgement, Acceptance, Audacity, Attention, Aspiration, Authenticity, Awareness, Attachment and Action
- Access to the coaches and a wider A-list community during this programme and beyond

How

- Self-discovery and self-reflection on your inner and outer strengths
- Create some certainty in an uncertain world through small Acts of courage, creativity and compassion
- 9 weekly sessions of 75min on Zoom

When

- 9 x Wednesdays, 5pm-6.15pm UK time
- 25 January 2021 – 24 March 2021 (one week break during week of 15th February for half-term)

Registration and Fees

- Max. number of participants: 22
- Fees: £2,022+VAT
- RSVP to Mary at office@adaptaa.co.uk

ACKNOWLEDGEMENT

20 January 2021



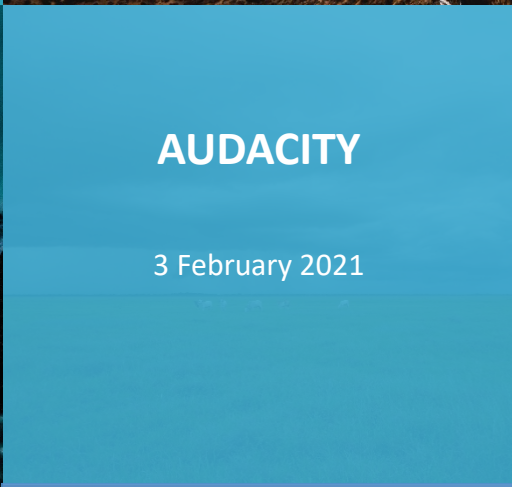
ATTACHMENT

17 March 2021



AUDACITY

3 February 2021



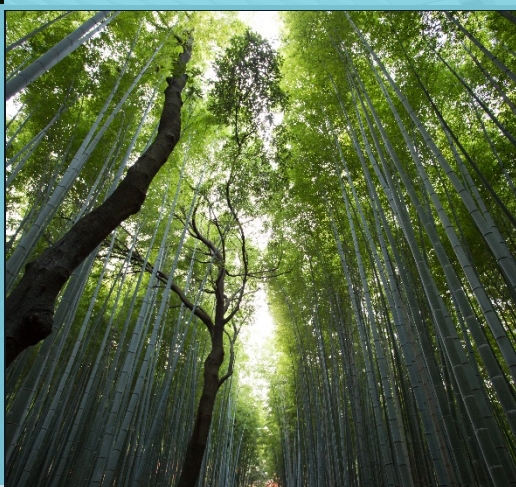
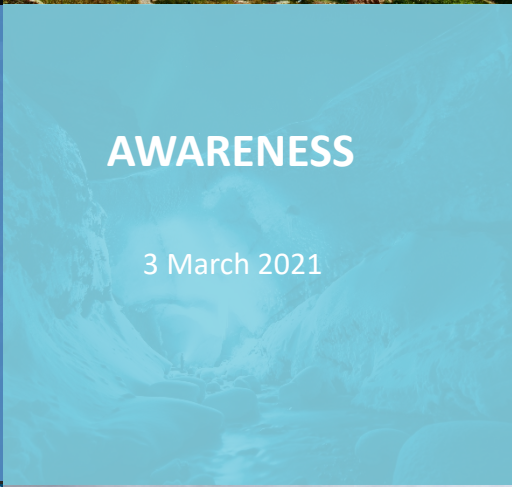
ASPIRATION

24 February 2021



AWARENESS

3 March 2021



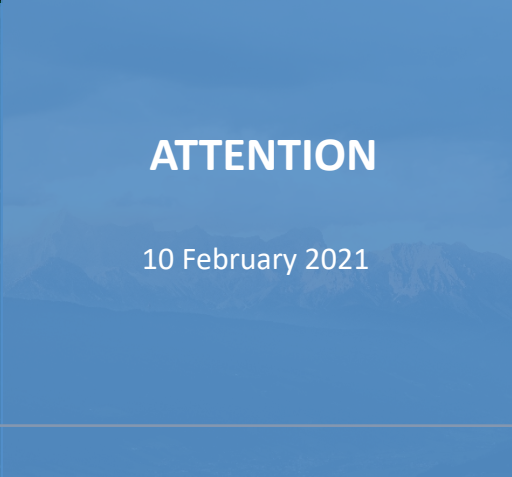
ACCEPTANCE

27 January 2021



ATTENTION

10 February 2021



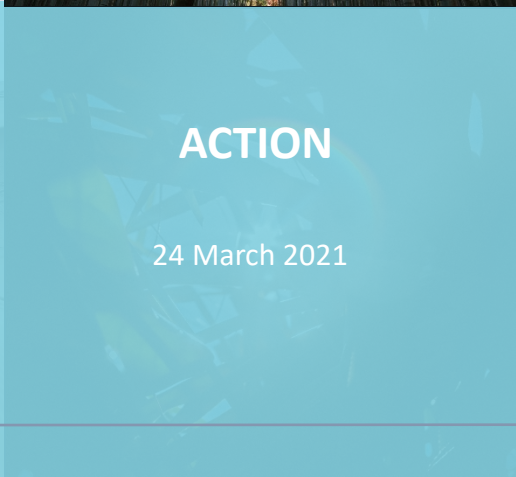
AUTHENTICITY

10 March 2021



ACTION

24 March 2021



Alina Addison — Chief Founding Officer – making things happen for you

Alina is the Founder of Adaptaa and an Accredited Executive Coach (ILM7 and EMCC) with over 20 years of extensive business and leadership experience.

Before training as an Executive Coach, Alina worked for 15 years as an Investment Banker with Rothschild, latterly as a Managing Director and Head of Trading, having founded a Credit Trading platform for the bank. She is a qualified chartered accountant, having previously worked with PwC.

Alina has an EQ certification from RocheMartin and her choice to train as a coach has been a deeply personal journey, as she has supported her autistic son, improving his EQ. Alina built a small hotel in Transylvania and is a board advisor to her 3 chosen charities: Autistica, Humanitas and Hospices of Hope.



Carmen Balacianu — Chief Happiness Officer – taking you on the path to happiness

Carmen is an Accredited Executive and Leadership Coach by the ICF, with 15+ years of international experience in leadership positions in Pharma, Banking, and High Tech.

Before training as a coach, Carmen worked for Roche where, she held the position of global Senior Vice President of Marketing and Communications.

Carmen holds a BA degree in Global Business and Finance from the University of Portland, in the US, and an MBA from IESE Business School of Barcelona, Spain.

Carmen is passionately working with accomplished and aspiring leaders who seek to reach their potential, while maintaining a sense of balance at home and at work.



Tatiana Poliakova — Chief Expression Officer – telling you as it is, even when you can't hear it

Tatiana is an Executive Coach, holding a Professional Certificate in Coaching from Henley Business School which is accredited with EMCC, ICF and ACF. Before training as an Executive Coach, Tatiana worked as a Managing Director leading Nomura's Loan Sales team for 10 years, and for the previous 15 years as an Investment Banker and Management Consultant with BNP, JPMorgan, Booz Allen & Hamilton, Dresdner in NYC, London and Frankfurt.

Tatiana holds an MBA (with distinction) from Columbia Business School in NYC.

Having worked in intense environments, Tatiana is passionate about helping high achieving individuals to reach their potential and her approach is anchored in the Compassionate Leadership practice and leading from inside-out. Tatiana is a Trustee for SmileTrain UK.



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Adaptable
Authentic
Leaders**



What our past participants are saying about our programme:

"I'm amazed at where I was and where I arrived. The difference that it made, and the words that I've learned, such as authenticity and vulnerability. They were not words in my vocabulary and I certainly didn't recognise them as valuable terms. They have now become integral to my life. Thank you SO much, I feel truly inspired and empowered." Margot

"I really appreciated how you took us off piste into a brand new format. You were really perceptive and captured the spirit and dynamics of our emerging group." Alastair

"Even during those sessions when I was late or half asleep, the insights were A-mazing!!" Johnny

"If you have a feeling of not belonging, or that you won't fit for one reason or another, it's probably best just to take the plunge and do this programme anyway. To grow, you need to do things that feel uncomfortable. We did and we grew! Thank you." LK

"I had no hesitation in joining this programme. I learned that our self-worth is inherent. That we are all inherently worthy, inherently precious and we are already full." Anna

"I've learnt that there is no "one size fits all" definition of what a leader or leadership is. We constantly evolve and change throughout the years of our career and our lives. If you are willing to achieve your potential, it would take your own breath away!" Inessa

"This programme has surpassed any of the corporate leadership programmes I've ever been on in terms of depth of knowledge and openness of discussion." SM

"Listening and sharing is a gift. What I really appreciated in the sessions was the opportunity to hear and learn new insights, each time from a different person and each time a different topic." LP